



Small Steps Big Changes

**Introduction - Councillor David Mellen
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(Bulwell)**

www.smallstepsbigchanges.org.uk



Small Steps Big Changes



@ncitycare_SSBC



Small Steps Big Changes is a £45m programme, supported by Big Lottery's 10 year 'A Better Start' funding to improve the lives of Nottingham's young children aged 0 -3.

SSBC is a partnership of parents and professionals - including Nottingham City Council, Nottingham CityCare, health partners, commissioners, voluntary and community groups, parents and local communities.

SSBC is about to enter Year 4 of the 10 Year programme after successfully completing Phase 1 (Years 1 – 3)



*Growing our children
together with love
and respect*

Our Core Principle

*Children at the heart, parents leading the way,
supported and guided by experts*

Our Outcomes

SSBC children will have healthy and positive social and emotional development

SSBC children will have effective and age-appropriate communication and language skills

SSBC children will have good nutrition

Cross-partnership system change

Our Aim

We want all our children to be ready to learn at 2, ready for school at 5 and ready for life at 16!



Community employment - currently there are:

62

Volunteers



50

New Family
Mentor roles
across all wards

23

Parent
Ambassadors



10

Parent
Champions

35 volunteers since SSBC started have moved into paid employment supported by the programme, including roles in nurseries, schools and as Family Mentors

80%

of family mentors live within Nottingham City boundary

8,250⁺

total volunteering hours

69%



By September 2018 SSBC developed activity has reached 69% of the current under 4 population in our wards. This figure is growing all the time as many of our activities start at birth.

"SSBC has made a big difference to me. From using some of the groups with my youngest child, to getting involved in the Community Partnerships and becoming a Parent Champion and then on to where I am now in my role as a Family Mentor"



Family Mentors



1,300+

individual children have worked with a Family Mentor, totalling

17,000+

interactions

Visiting schedule



Two

home visits in pregnancy

Weekly

home visits from 0-8 weeks

Fortnightly

home visits from 9 weeks to 6 months

Monthly

home visits from 6 months to 4 years

91%

(of 230 families) who receive Small Steps at Home said that it was very likely they would recommend us to friends and family.

Since the beginning of the SSBC programme we've delivered to:

3,950+

individual children



totalling

45,600+

face to face interactions

Imagination Library

62,480+

books delivered to

3,500+

children since programme start



"Coming to SSBC groups is my lifeline"



SSBC Groups

1,200+

individual children attended a variety of groups, totalling

20,900+

interactions since programme start

"You have helped me to want to better myself for myself and for my children"

"My child took his first steps at Boogie Tots"

Working differently

Existing Workforce

Midwifery • Health Visiting • FNP
Children's Centres • CVS • Early Years

- Design new systems and processes
- Support delivery of wider programme
- Adapt and enhance current practice
- Information sharing
- Embedding strengths based approaches
- Sustainability

Direct Delivery

SSBC Child Development
Practitioners

- Innovate and test new approaches
- Work independently and with other staff groups
- Focussed on group based activities known to improve outcomes for children
- Quality Assurance of other SSBC programme activities

New Commissioned Workforce

Family Mentors

- Fuse evidence based activities with Voluntary Sector approaches
- Paid workforce
- Universal offer
- Lived experience of raising children in the areas
- Get alongside parents and speak their language
- Building community capacity

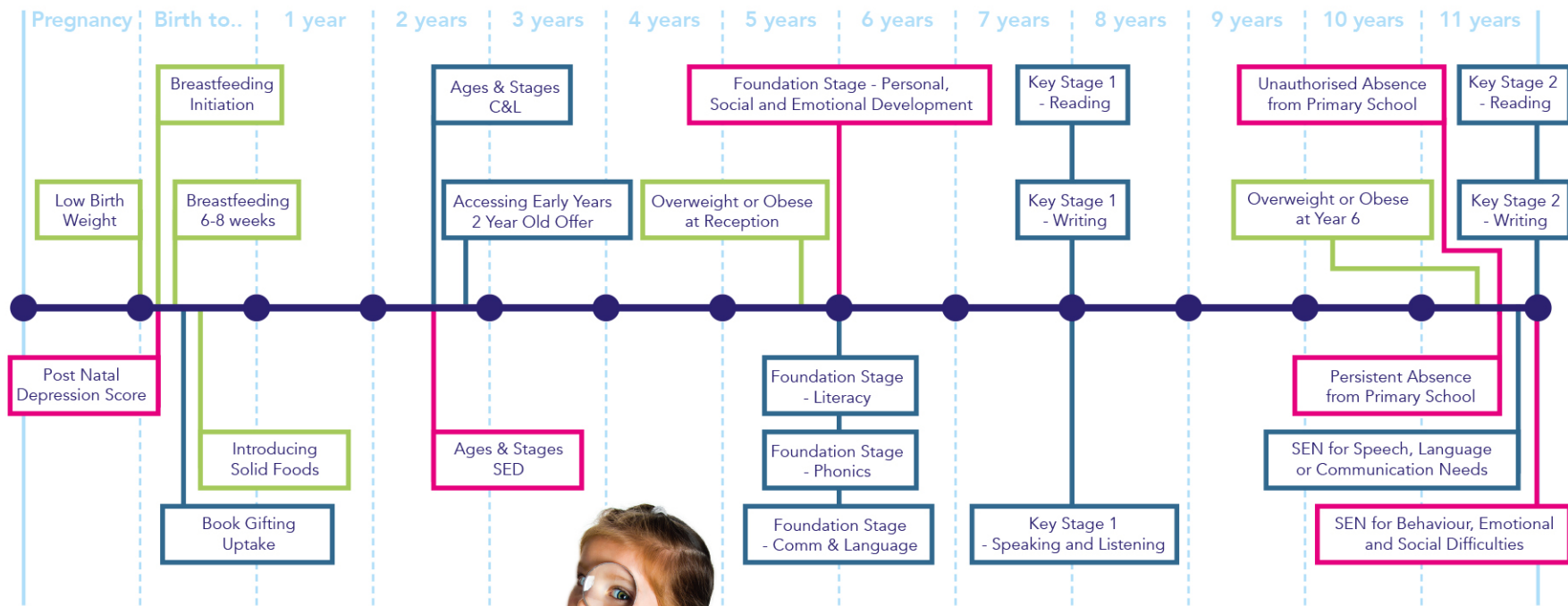
Community Connection

Community Partnerships • Community Connection Board • Parent Champions

SSBC Programme Team

Partnership Management • Workforce Development • Participation & Engagement • Commissioning & Finance
Outcomes & Implementation • Performance & Evaluation • Comms & Marketing

How will we measure success?



- Social & Emotional Development Outcomes
- Communication and Language Outcomes
- Nutrition Outcomes



- We know the activity level and input for every individual child in the city
- We will have the outcomes for every individual child in the city
- What is the impact of SSBC activity on individual children's outcomes?
- What is the impact of SSBC activity on a population level?



Thank You and Questions

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